Unit 2 Fitness & Martial Arts

Expected Upon Opening

	Mon	Tue	Wed	Thurs	Fri	Sat
9am						
10am	**Kickboxing** 10 - 11am	**Kickboxing** 10 - 11am		**Kickboxing** 10 - 11am	**Kickboxing** 10 - 11am	**Kickboxing** 10 - 11am
11am						**BJJ 101** 11 - 12pm
12pm	**Adult Jiu Jitsu (All Levels)** 11:30 - 12:30pm **Kickboxing** 12 - 1pm	**Adult Jiu Jitsu (All Levels)** 11:30 - 12:30pm **Kickboxing** 12 - 1pm		**Adult Jiu Jitsu (All Levels)** 11:30 - 12:30pm **Kickboxing** 12 - 1pm	**Adult Jiu Jitsu (All Levels)** 11:30 - 12:30pm **Kickboxing** 12 - 1pm	**Adult Jiu Jitsu (All Levels)** 12 - 1pm **Kickboxing** 12 - 1pm
1pm						
5pm	**Kickboxing** 5 - 6pm	**Kickboxing** 5 - 6pm **BJJ 101** 5:30 - 6:30pm		**Kickboxing** 5 - 6pm **BJJ 101** 5:30 - 6:30pm	**Kickboxing** 5 - 6pm	
6pm						
7pm	**Adult Jiu Jitsu (All Levels)** 6:30 - 7:30pm **Kickboxing** 6:30 - 7:30 pm	**Adult Jiu Jitsu (All Levels)** 6:30 - 7:30pm		**Adult Jiu Jitsu (All Levels)** 6:30 - 7:30pm	**Adult Jiu Jitsu (All Levels)** 6:30 - 7:30pm **Kickboxing** 6:30 - 7:30 pm	
8pm						
9pm						